

Decisions

Levels 5 and 6

Students explore the decision making process and improve decision making skills by looking at choices, consequences, responsibility, facts, and influences.

- ▶ what is a drug and how drugs are classified
- ▶ effects of drugs on the body
- ▶ analysing health messages about drugs in the media
- ▶ messages around non-use – normative data – dispelling myths
- ▶ influences on decision making – family, peers, media, culture, financial, legal
- ▶ strategies and skills to be safe



Skills

- ▶ Interpersonal skills
- ▶ Self-management skills

Content strands

- ▶ Health, wellbeing and relationships
- ▶ Healthy, safe and active lifestyles

Key inquiry questions

- ▶ How can I manage transitions and challenges?
- ▶ How responsible am I for my own and others' health, safety and wellbeing?
- ▶ How does a healthy, safe and active lifestyle enhance connection with others?
- ▶ How can I manage transitions and challenges?
- ▶ What actions positively influence health, safety and wellbeing of my community?

Contexts for learning

- ▶ Alcohol and other drugs
- ▶ Personal identity
- ▶ Safety

LEVEL	CURRICULUM AREA	STRANDS	SUB-STRANDS	CONTENT DESCRIPTIONS
Levels 5 and 6	Health and Physical Education	Personal Social and Community Health	Being healthy, safe and active	Plan and practise strategies to promote health, safety and wellbeing [VCHPEP108] Investigate community resources and strategies to seek help about health, safety and wellbeing [VCHPEP107]
			Communicating and interacting for health and wellbeing	Recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours [VCHPEP111]
			Contributing to healthy and active communities	Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities [VCHPEP112]
	Personal and Social Capability	Self-Awareness and Management	Development of Resilience	Reflect on how personal strengths have assisted in achieving success at home, at school or in the community [VCPSCSE026]
	Critical and Creative Thinking Capability	Questions and Possibilities	Questions and Possibilities	Experiment with alternative ideas and actions by setting preconceptions to one side [VCCCTQ022]