

Curriculum Alignment

Life Education Content Descriptors	Links to the Australian Curriculum Learning Area - Health and PE (Foundation)	Links to Australian Curriculum Learning Area - Health and PE (Year 1)	Connections to Lesson Plan
Identify types of feelings and emotions people can experience in different situations	<p>Personal, Social and Community Health</p> <p>Communicating and interacting for health and wellbeing</p> <p>Identify and describe emotional responses people may experience in different situations (ACPPS005)</p>	<p>Personal, Social and Community Health</p> <p>Communicating and interacting for health and wellbeing</p> <p>Identify and practise emotional responses that account for own and others feelings (ACPPS020)</p>	<p>Developing a class story using emotions to determine the narrative.</p> <p>Working in small groups to create a group performance, or write a short story, based on a specific event and the range of emotions that they might experience in this situation.</p> <p>Discussing as a class various ways to respond to difficult and unexpected events using a class mascot as an example.</p>

Harold's friend ship

Life Education Content Descriptors	Links to the Australian Curriculum Learning Area - Health and PE (Foundation)	Links to Australian Curriculum Learning Area - Health and PE (Year 1)	Connections to Lesson Plan
Identify people and places that help to keep them safe	<p>Personal, Social and Community Health</p> <p>Being healthy, safe and active</p> <p>Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy (ACPPS003)</p>	<p>Personal, Social and Community Health</p> <p>Being healthy, safe and active</p> <p>Practice strategies they can use when they feel uncomfortable, unsafe, or need help with a task, problem or situation. (ACPPS017)</p>	<p>Playing a game where each person plays the role of an emergency service and community helpers familiarises students with the types of people that can help them stay safe.</p> <p>Creating short group performances exploring various situations and how they need to respond to stay safe.</p> <p>Constructing a safety net or friendship garden, labelling the people and behaviours that help to keep them safe and writing a song they can use to remember these tips.</p>

Life Education Content Descriptors	Links to the Australian Curriculum Learning Area - Health and PE (Foundation)	Links to Australian Curriculum Learning Area - Health and PE (Year 1)	Connections to Lesson Plan
Identify behaviours that help to establish and maintain positive relationships	<p>Personal, Social and Community Health</p> <p>Communicating and interacting for health and wellbeing</p> <p>Practice personal and social skills to interact positively with others (ACPPS004)</p> <p>Communicating to healthy and active communities</p> <p>Identify actions that promote health, safety and wellbeing (ACPPS006)</p>	<p>Personal, Social and Community Health</p> <p>Communicating and interacting for health and wellbeing</p> <p>Describe ways to include others to make them feel as though they belong (ACPPS019)</p>	<p>Engaging in role plays where students experience being included and excluded and engaging in positive relationships.</p> <p>Creating a physical representation of the ideal class member, including the labels indicating behaviour that is kind, respectful and inclusive.</p> <p>Constructing a safety net or friendship garden provides a permanent visual reminder of the qualities required to keep themselves safe.</p> <p>The friendship song articulates the qualities required for positive relationships.</p>