

ACTIVITY 2

We are what we feel, think, do

Choose three volunteers to lay down on butchers paper and have their outline traced.



The class needs to identify what the three elements of a healthy person are and write the heading of one on each drawing.

Divide the students between the three drawings and invite them to label and illustrate how to keep healthy; emotionally, in our body and in social interaction.

Share their findings and add to these as a class.