

Understand what a drug is and the effects of drugs on the body. And make informed decisions to maintain our health, safety and wellbeing

## We can:

- Define the term 'drug'
- Classify and compare different drugs
- List the impacts that legal and illegal drugs have on the body and on someone's life
- Identify key influences that may impact the way a person acts and the choices they make
- Identify ways to keep myself and others safe
- Identify, record and undertake a healthy change in my life

