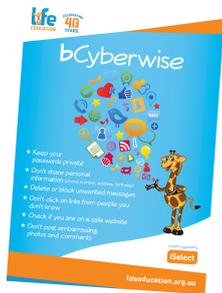


# bCyberwise

Levels 3 and 4

Explore a range of issues such as password security, risks of sharing personal information, how to communicate respectfully both online and offline, and strategies to handle bullying including cyberbullying.

- ▶ responsible and respectful behaviour when using communication technology
- ▶ skills for building positive relationships with friends
- ▶ keeping personal information safe online
- ▶ strategies to deal with bullying and cyberbullying
- ▶ exploring the role of bystanders



## Skills

- ▶ Interpersonal skills
- ▶ Self-management skills

## Content strands

- ▶ Health, wellbeing and relationships
- ▶ Healthy, safe and active lifestyles

## Key inquiry questions

- ▶ How does who I am influence others?
- ▶ Why are empathy, inclusion and respect important in our relationships?
- ▶ How can I contribute to promote healthy, safe and active communities?
- ▶ How can I take action to enhance my own and others' health, safety, wellbeing and participation in physical activity?
- ▶ What skills and strategies do we need to be healthy, safe and empowered?

## Contexts for learning

- ▶ Personal identity
- ▶ Mental health and wellbeing
- ▶ Relationships
- ▶ Safety

**LEVEL CURRICULUM AREA STRANDS SUB-STRANDS CONTENT DESCRIPTIONS**

LEVEL	CURRICULUM AREA	STRANDS	SUB-STRANDS	CONTENT DESCRIPTIONS
Levels 3 and 4	Health and Physical Education	Personal Social and Community Health	Being Healthy, Safe and Active	Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe [VCHPEP090] Identify and practise strategies to promote health, safety and wellbeing [VCHPEP091]
			Communicating and Interacting for Health and Wellbeing	Describe factors that can positively influence relationships and personal wellbeing [VCHPEP092] Investigate how emotional responses vary in family situations and in friendship groups [VCHPEP093]
			Contributing to Healthy and Active Communities	Describe strategies to make the classroom and playground healthy, safe and active spaces [VCHPEP095]