



Relate Respect Connect.

We will be learning about how to be a respectful person and friend. And investigating and practising some strategies to resolve conflict on and offline

We can:

- Describe qualities of a healthy and respectful relationship online and offline
- Explain ways someone can make new friends and maintain their existing relationships
- Practise ways someone can respectfully resolve conflict on and offline
- List some ways someone can manage their own emotions and recognise them in others
- Define the terms Respect, Resilience, and Empathy and articulate why these are important
- Identify, record and undertake a healthy change in my life